

MISSION

TEAM - FPC's PATH International Equine Services for Heroes mission is to provide an equine-assisted activity and therapy program tailored to address specific issues faced by wounded and traumatized veterans, military personnel and first responders, while also providing a supportive and therapeutic environment for their families and loved ones.



PARTICIPANT REQUIREMENTS

To participate in the TEAM-FPC program, you must be 18 years or older, and submit an application which includes a medical history and physician's release statement. All interested participants will undergo a screening and risk-analysis to determine if a therapeutic riding program is a safe and suitable option.



CONTACT

Curt Stacy

Director of Equine Programs

TEAM at First Presbyterian Church

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Nashville, TN 37220

(615) 298-9583

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HOURS

Tuesday – Saturday
9:00 a.m. – 5:30 p.m.



VETERANS
MILITARY PERSONNEL
FIRST RESPONDERS



first
presbyterian
CHURCH OF NASHVILLE

VISION

The vision of TEAM-FPC is to enhance the quality of life for veterans, service members, and first responders by serving them through a therapeutic horseback riding outreach program.

PROGRAM

Participants in our TEAM program learn horsemanship skills in a rider-focused setting with PATH International certified instructors, side-walkers, and horse leaders.

TEAM-FPC utilizes the “Rider Instruction, Development, and Evaluation System” or RIDES. RIDES is a tool used to teach mounted and unmounted skills and to set and measure rider goals and objectives, from riding fundamentals to cantering.

Lessons are designed to meet the rider’s goals in a fun, inclusive setting. Beginners as well as experienced riders are welcome.

BENEFITS

Research indicates that horseback riding helps individuals with mobility challenges to gain increased balance, muscle control, and strength. Individuals with cognitive challenges can improve concentration, recognition, vocabulary, and task completion, while bonding with a horse can improve personal relationships, patience, and behavior among individuals with psychological or emotional struggles.

“IT TAKES A TEAM
TO BUILD A DREAM”



THE TEAM

As with any successful venture, the TEAM behind the scenes is responsible for its success.

VOLUNTEERS

Volunteers are the base and lifeblood of any therapeutic horseback riding program. Special training is provided for our dedicated group of volunteers who come from all walks of life, age brackets, and locations in the area to serve in the program.

INSTRUCTORS

Certified Instructors are the facilitators who inspire the riders and volunteers (the TEAM) to achieve the highest level of success. To ensure the safety of its participants and a quality learning experience, TEAM-FPC requires all of its instructors to be certified by the Professional Association of Therapeutic Horsemanship International (PATH International).

PARTICIPANTS (RIDERS)

At the top of the TEAM are our riders. We understand that each participant is unique and brings their own special quality to the program. All member of the TEAM work together in tandem to achieve the common goal: helping every rider meet their greatest potential – both inside and out of the riding arena.